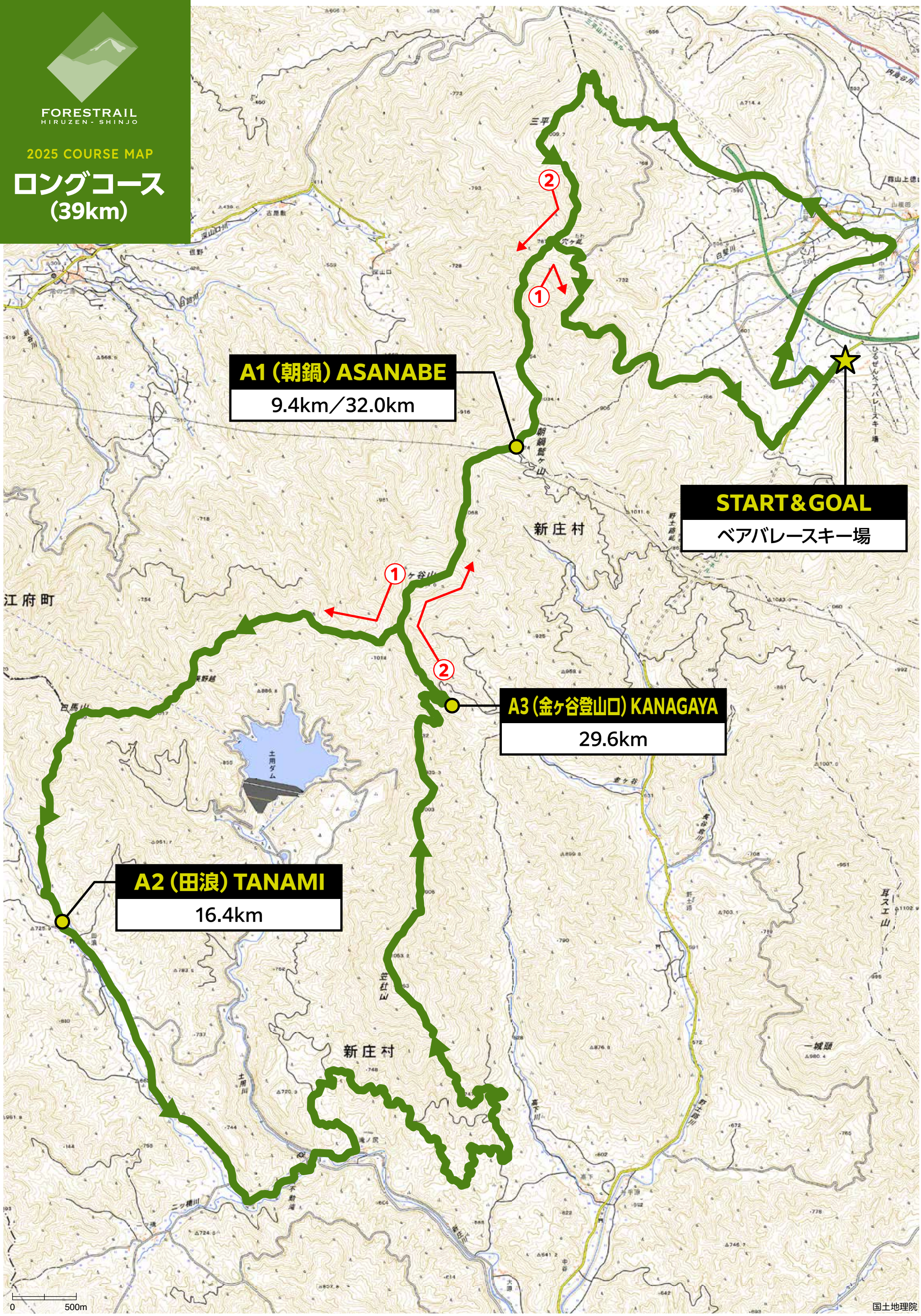
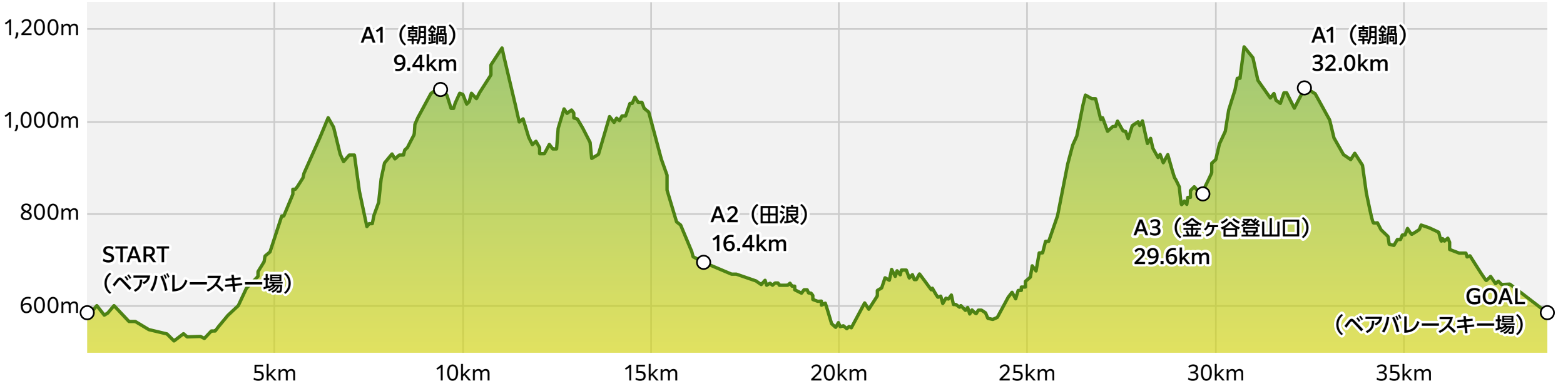
FORESTRAIL
HIRUZEN - SHINJO

2025 COURSE MAP

ロングコース (39km)



距離：38km　累積標高：2,250m